

# How the SisuBloom PROGRAMME WORKS

SisuBloom blends a love for reading with the development of essential life skills. Using a book club approach, we make learning fun, practical, and impactful.

---

## Personalised Onboarding

- Sign up online and choose the plan that best suits your child's age and needs.
- Initial assessment: We'll conduct a comprehensive assessment to understand your child's strengths, interests, and areas for growth. This helps us tailor the programme to their individual needs.
- Welcome pack: Receive a welcome pack with resources and information to get your child excited about the programme.

## Engaging with Books

- Curated book selections: Each month, your child will choose two books from our carefully curated list, aligned with the current life skills module.
- Independent reading: Encourage your child to read the books at their own pace, fostering a love for reading and independent learning.
- Book discussions: Our online sessions will include lively discussions about the chosen books, exploring themes and connecting them to the life skills being taught.

## Interactive Online Sessions

- Live and interactive: Your child will participate in live, interactive online sessions once a week, tailored to their age group.
- Expertly facilitated: Sessions are led by experienced SisuBloom coaches who create a safe and engaging learning environment.

- Varied activities: Each session includes a variety of activities, such as group discussions, games, creative exercises, and practical tools to apply what they've learned.

## Applying Skills to Projects

- Hands-on projects: Each module concludes with a creative capstone project where your child applies their new skills in a fun and meaningful way.
- Project examples: Projects might include creating a wellness plan, designing a budget, presenting an entrepreneurial idea, or conducting a research project.
- Passion Project (15-17): Older teens will complete Passion Project spanning 6-plus months that tackles a community or global issue, with dedicated support from a coach or mentor.

## Ongoing Support & Feedback

- Individualised guidance: Sisubloom coaches provide regular feedback and guidance to support your child's learning and development.
- Parent communication: Receive regular updates on your child's progress and access additional resources to support learning at home.
- Bimonthly check-ups: For Passion Project participants (15-17), bimonthly check-ups with their coach or mentor ensure they stay on track and receive personalised guidance.

## Celebrating Achievements

- Progress check-ins: Every six weeks, parents are invited to a progress check-in to celebrate milestones, discuss next steps, and address any questions or concerns.
- Project presentations: At the end of each module, children present their capstone projects, developing confidence and public speaking skills.

## Motivation & Rewards

- Points system: Children earn points for participation, reading, and completing projects.
- Exciting rewards: Points can be redeemed for exciting rewards, fostering motivation and engagement.

**SiSUBBLOOM** 

*rise. bloom. thrive*